



BALTIC TOXINS 2025

3-4 OCTOBER 2025
RIGA, LATVIA

Registration is open!

TARGET AUDIENCE: Physical Medicine and Rehabilitation doctors & Neurologists

Meet, share and elevate with your expert colleagues – register for the **Baltic Toxins 2025**

The steering committee and Ipsen cordially invite you to register for the upcoming 2nd Baltic Toxins.

This year's event will bring you the latest research developments and clinical applications of botulinum toxins as well as hands on training workshops. There will be highlights for both new and experienced professionals within the field of neurology, physical medicine, rehabilitation and physiotherapy.

VENUE

Radisson Blu Latvija (Elizabetes street 55) in Rīga, Latvia

QUESTIONS

ruta.zinkeviciute@ipsen.com (Lithuanian and Estonian contact)
mairita.freimane@ipsen.com (Latvian contact)

REGISTER NO LATER THAN

15 September 2025

FOR REGISTRATION

<https://www.baltictoxins2025.com/>



THE SCIENTIFIC PROGRAM IS DEVELOPED BY OUR DISTINGUISHED STEERING COMMITTEE:

Dr. Ramona Valante, Neurologist, Latvia

Dr. Donatas Zailskas, Neurologist, Lithuania

Dr. Jūratė Kesienė, Physical medicine and rehabilitation doctor, Lithuania

Dr. Krista Lazdovska, Neurologist, Latvia

Dr. Zaiga Kalnberza – Ribule, Physical medicine and rehabilitation doctor, Latvia

Dr. Kaja Elstein, Physical medicine and rehabilitation doctor, Estonia

SEE FULL
AGENDA ON THE
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03.10.2025

12:30 – 13:00	Registration
13:00 – 13:10	Opening
13:10 – 13:40	Botulinum toxin. History and pathophysiology. <i>Ramona Valante (Latvia)</i>
13:40 – 14:20	Neurophysiological insights into muscle hypertonia: dystonia vs. spasticity. <i>Donatas Zailskas (Lithuania)</i>
14:20 – 15:00	Patient orientated post-stroke spasticity care – goal setting, patient expectation and involvement. <i>Jūratė Kesienė (Lithuania)</i>
15:00 – 15:20	Discussion
15:20 – 16:00	Break
16:00 – 16:30	Clinical cases: US guided injections into small muscles with additional control of EMG /STIM device. <i>Ingrid Lembit (Estonia)</i>
16:30 – 17:00	Clinical case: Spasticity and pain. <i>Anneli Teder-Braschinski (Estonia)</i>
17:00 – 17:30	Clinical case: Tardive cervical dystonia. <i>Ramona Valante (Latvia)</i>
17:30 – 18:00	Clinical case: Blepharospasms. <i>Krista Lazdovska (Latvia)</i>
18:00 – 18:30	Solutions for patients with face asymmetries. <i>Zaiga Kalnbērza - Ribule (Latvia)</i>
18:30 – 19:00	Panel discussion: challenges in patient treatment with Botulin toxin in Baltic states. <i>Latvia (Valante, Kalnbērza)</i> <i>Lithuania (Zailskas, Kesiene)</i> <i>Estonia (Lembit, Teder-Braschinski)</i>
19:00	Dinner

04.10.2025

09:00 – 09:10	Introduction, wrap up
09:10 – 09:50	Terminology in Spastic Movement Disorders. <i>Bo Biering-Sørensen (Denmark)</i>
09:50 – 10:10	Cervical dystonia Col-Caput concept. <i>Bo Biering-Sørensen (Denmark)</i>
10:10 – 10:30	Discussion
10:30 – 11:10	Parallel workshop
11:10 – 11:50	Parallel workshop
11:50 – 12:30	Break
12:30 – 13:10	Parallel workshop
13:10 – 13:50	Parallel workshop
13:50 – 14:00	Closing remarks

Ipsen Representative Office Latvia
Kalnciema street 33-5, Riga, Latvia
Phone: +37167622233,

Be sure to join three of our workshops!

PARALLEL WORKSHOP TIMES

Saturday, October 4,
10:30-11:10, 11:10-11:50, 12:30-13:10, 13:10-13:50

WORKSHOP I

Physiotherapy for Dystonia patient.
Johanna Blom (Sweden)

WORKSHOP II

Biomechanics of upper limb spasticity. Spasticity patterns and choice of muscles for injection.
Sara Vive (Sweden)

WORKSHOP III

Hands-on training – USG of cervical muscles.
no experience group – Ramona Valante (Latvia) / group with experience Bo Biering-Sørensen (Denmark)

WORKSHOP IV

Hands-on training – USG of arm muscles.
Matīss Mežals (Latvia), Anna Petrovska (Latvia)

WORKSHOP V

Hands-on training – USG of leg muscles.
Matīss Mežals (Latvija)

WORKSHOP VI

Practical injection technique training.
Anna Petrovska (Latvia), Ramona Valante (Latvia)

For more information about our workshops, please visit our registration page:
<https://www.baltictoxins2025.com/>



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